Mountain Goats Code of Conduct

Code of Conduct

Participant:

- 1. Your priority at Canberra Indoor Rock Climbing is to learn. Avoid distractions (such as using mobile phones or eating) that interfere with or are counter-intuitive to that objective.
- 2. Be in the assigned place with appropriate climbing gear, including appropriate attire, shoes, drink bottles and gear if applicable, ready to work at the designated time that class begins.
- 3. Keep hands, feet, and objects to yourself and never intentionally harm other people in the gym.
- 4. Use gym-appropriate language and conversation topics always, keeping in mind that CIRC serves a vibrant and diverse community. Maintain friendly and courteous behaviour.
- 5. Be polite and <u>respectful</u> to everyone, including fellow participants, coaches, general staff, and visitors.
- 6. Follow individual coach instructions, gym/session rules, and expectations always.
- 7. <u>Do not be a bully</u>. If you see someone being bullied, intervene by immediately reporting it to your coach or staff member. Racism, sexism, homophobia, ableism, etc. will not be tolerated.
- 8. Do not become a distraction for others. Give every other participant the opportunity to maximize their potential. Encourage your fellow classmates. Never tear them down.
- 9. Class attendance and participation are an essential part of the learning and skill process. Regular attendance at class is necessary for student success. Furthermore, it allows students to achieve the maximum possible benefits from their educational experience. All students are encouraged to be present and prompt.
- 10. If for any reason you are struggling, you will notify your coach so they can help you the best that they can.
- 11. Inform your coaches of any information pertaining to your health and/or ability that may affect their climbing and general class participation. This is not so CIRC staff can discriminate against you, it's so we can better accommodate you and meet your needs.
- 12. Climbing with friends is a privilege. To maximize your climbing, you may not always be paired with your friends unless you clearly demonstrate that you can work effectively with them whilst following all instructions from your coaches.
- 13. Take advantage of the opportunities you have here at Canberra Indoor Rock Climbing. Be proud of your achievements, even if it is just showing up after a hard day of work/life.
- 14. You have read the program information sheet AND understand our refund policy.
- 15. You have or will attend the induction at the beginning of each term to reaffirm the details and expectation.