

ROCK RATS KIDS CLIMBING CLUB

For Kids who like to climb....

When?

Every Monday from 4.00pm to 5.30pm

Cost?

\$16.50 per session (includes harness, shoes, and chalk bag)

For Further information please contact Chris, Dannie or Sarah.



Do your Kids like to climb walls? Trees? Do they like to be up high and out of reach?

At Canberra Indoor Rock Climbing we have a club for children who are 9 years old and younger. We offer a safe, fun and exciting environment for younger children to experience the thrills and spills of rock climbing.

This squad is specifically for the little ones who are too young to belay for themselves. We provide several qualified coaches to make sure they learn the basic skills needed for safe climbing. All the rope skills are provided by the coaches. We also teach movement techniques so the children have a better understanding of how their bodies move up the wall.

Our aims of this squad is to promote health and fitness, body awareness, and for the kids who are dedicated - a chance to join our other squads and progress to the elite level.

26 Raws Crescent, Hume ACT

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